

CD protocol for Lyme 2019

The root cause of Lyme are bacteria and parasites

DIET

No diet will put Lyme into remission. However, people who have chronic illness typically feel better with some foods than with others. Be mindful of your body. Feed it what makes it feel best and what it helps it to function best. Organic/glyphosate free food is best. Grains are not a good option for most who are healing from chronic illness.

TREATMENT; daily till healed. Can be 12 to 24 months.

BLACK SEED OIL (BSO) 1 tbsp/15ml 3 x a day with meals. Can be taken without as well.

<https://www.ketokerri.com/product/dr-fitt-black-seed-oil/>

HUMIC FULVIC 25 drops 3 x a day in water with or without food.

<https://www.ketokerri.com/product/kk-humic-fulvic-1-bottle/>

CD

Begin with 1 drop in a large bottle of water like 800ml VOSS bottle. We drink it over the day not all at one time. It should last from the time you wake up until you go to bed. It will be finished over the day. If need be, make 16 equal doses from it

and take it every 45-60 minutes. It is important to keep CD in the body hourly. Bacteria doubles every 2 hours. We need to be on the bacteria so that it cannot multiply. We must also kill it. Hence the every 45-60 minute swig of the CD water bottle. Daily increase by 1 drop of CD in the large bottle. There is no max dose. There is only a tolerated amount. I have seen people to be best with 24 to 80 drops over the day. We work up slowly. Increasing by 1 drop per day. Meaning, 1/16th of a drop per dose per day. Low and slow is the best way to go with chronic illness.

ENEMAS

The enema can begin on day 1 of the CD oral part of the protocol. We do 2 liters of warm water with 20 drops of CD. We can do them 1 time or more a day. Can skip a day if we need to due to time restrictions of family events. But, enemas are healing for the body and encouraged. Here is how to do an enema.

<https://www.youtube.com/watch?v=UZEqQlOYXSo&t=29s>

Once we are doing the previously mentioned we can add the parasite protocol (PP).

PARASITE PROTOCOL

The PP is 21 days every month for 12 to 24 months.

Day 1 of the PP is 2 days prior to full moon every month.

Day 1 to day 11 is 200mg of mebendazole with breakfast and 200mg of mebendazole with dinner.

www.alldaychemist.com MEBEX no prescription needed.

Day 12 to day 21 is 1 capsule of neem synergy with breakfast and 1 capsule with dinner.

<https://www.ketokerri.com/product/neem-synergy/>

Stone breaker is 1 dropper full 2 times a day with meals for 21 days of the PP.

<https://www.ketokerri.com/product/stonebreaker-4oz/>

Castor oil is for removing liver flukes from the liver. It is not for trying to provoke diarrhea. If you have constipation then you can use up to 2 tablespoons/30ml after breakfast. You can use as little as 1ml. We use castor oil every other day for the 21 days of the PP.

<https://www.ketokerri.com/product/castor-oil-16-ounces/>

If you have low energy, some people have found that by taking 2 of these Monday through Friday they are better able to achieve the goals for the week.

<https://www.ketokerri.com/product/mothers-helper-ptx360/>

Feel free to contact me if you have any questions at

kerri@kerririvera.com

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www.kerririvera.com

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